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BECOME A CARE WORKER

Preparatory studies for care work education

Target group

The education is aimed at foreign-language speakers living in Finland who are interested in working in the care sector. You will learn about nursing and care work and develop your Finnish language skills at the same time. After completing the preparatory studies, it is possible to continue studying to become a care assistant or a practical nurse.

See the health requirements for the education from the description on the website.

Duration and implementation

The education will take place between 1 Oct 2024 and 20 Dec 2024. Classes are held around five days a week, from 9am to 3pm on weekdays.

Studies include face-to-face and remote learning, practical exercises, independent tasks, and workplace learning.

Applying

The application for the education is open until 30 Sep 2024 at Livia's website:

<https://www.livia.fi/koulutustarjonta/hoivatyon-osaajaksi-hoivatyon-koulutukseen-valmistavat-opinnot-2/>

Students are selected on the basis of interviews. Applicants are interviewed already during the application period.

» Would you like to work in the care sector in the future and improve your Finnish language skills? Is this your path to care work?

Objectives and contents of the education

The education acts as a low-threshold pathway to care work. Working in the care sector requires good interpersonal and teamwork skills, the ability to take initiative, responsibility and sufficient skills in Finnish.

The education also includes on-the-job training in care workplaces and learning about different workplaces and tasks. The final examination is also carried out in the workplace.

The qualification/parts of the qualification to be obtained

Becoming a skilled care worker – Preparatory studies for care worker education, 15 credits

The education includes:

- Studies supporting learning skills (incl. Finnish language studies)
- Nutrition and sanitation: 3 credits
- Basics of care work: 3 credits
- Social and health services in Finland: 1.5 credits
- Working life skills in social and health care: 0.5 credits
- Work-based learning: 7 credits and skills demonstration

Costs

The education is free of charge for the student, except for any fees related to work permit and card training. Lunch free of charge on schooldays.

Place of education

Ammattiopisto Livia | Kiesikatu 3, Kaarina

Additional information

Lecturers Kirsi Kiuru and Annukka Reponen

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