

Improve
your
language
skills in a
profession



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BECOME A CARE ASSISTANT

29 January 2025 to 31 January 2026

The education combines skills for the care sector and the development of Finnish language skills

Who is the education for?

We educate immigrants living in our region. The training is ideal for Ukrainians in need of education, among others. We provide the linguistic support needed to help you complete your studies. Finnish is used as the second language of study to support the development of language skills.

What does a care assistant do?

Are you responsible and proactive? Do you have good interpersonal and teamwork skills? If the answer is yes, you should consider working as a care assistant. As a care assistant, you work in the social and health care sector in an assisting role. In your role, you support clients in their daily lives and help them meet their basic needs. For example, you may work in a residential unit, a nursing home, or in home care for elderly or disabled clients.

Care assistants help with the client's basic needs by accompanying them outdoors and helping with eating, among other things.

How do I apply?

The group is full. For information about the availability, contact study secretary Tiina Böckerman, tel. 050 303 6513, opintotoimisto.kaarina@livia.fi.

When?

The education takes place from 29 January 2025 to 31 January 2026.

Contact teaching 2-3 days a week.

The rest of the time, the studying takes place on a training contract in care workplaces. An apprenticeship is also possible, but you have to find one yourself.

[Read more about apprenticeships on our website.](#)

What does it cost?

The education is free of charge for the student. The studies include free lunch at the school on school days.

Find out how your income during the studies depends on your background, for example, from Kela or the reception centre.

Components of the qualification to be completed

Components of the basic qualification in social and health care (practical nurse):

- Meeting and guiding the client (20 credits)
- Promoting the inclusion of elderly people (25 credits)
- Strengthening the client's functional capacity (15 credits)

Place of education

Ammattiopisto Livia | Kiesikatu 3, Kaarina

For more information:

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The education is funded by the Service Centre for Continuous Learning and Employment. The mission of the Service Centre is to promote the development of skills and the availability of skilled labour for people of working age, and to respond rapidly to sudden structural changes in the labour market.

The Service Centre is run by the Ministry of Education and Culture and the Ministry of Economic Affairs and Employment.